

MAKAN DETECTIVES

Trace your food from farm to fork

Do you know how far your food has travelled? Much of the produce we buy in Singapore comes from farms a long way from here on planes, ships and trucks. Transporting food like this releases greenhouse gases, the main cause of climate change! Fruit and vegetables grown closer to Singapore arrive fresher on your plate and is better for the environment.

Become a Makan Detective to find out where your fruit and vegetables come from.



1. Get a map

Buy or print a big map of the world.

2. Do

1. Collect the label stickers from all the fruit and vegetables you buy over four weeks.
2. Check the country on each label sticker.
3. Find each country on the map and stick on the label.



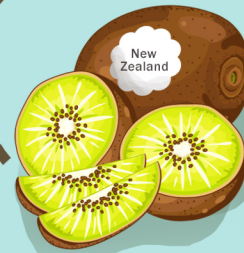
3. See

Map out the source of your fruit and vegetables to see how far your "fresh" produce has travelled.



4. Think

1. How far does your produce travel to get to your home?
2. Could you choose local or regional produce instead?



Wildlife Reserves Singapore Group



Wildlife Reserves Singapore
Conservation Fund

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